



Electro-acupuncture 2

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Disease treatment

- Advantages

- 1 Better for nerve disorders
- 2 Stimulation is more measurable than manual
- 3 Can stimulate more than one point at a time (manual can stimulate only one at a time)
- 4 Stimulation can last longer (manual may stimulate for a minute or two before going on to the next point)

Also good for patients that don't like needle manipulation. If sensation gets weaker, increase.



continued

- Points are selected in pair – usually 1-3 pairs.

Make sure pt can tolerate more stim before increasing pairs.

- Usually unilaterally
 - Pair on same side left or right
 - Do not cross from one side to another as that may interfere with heart action



Selection of points

- According to nerve distribution problems related to the nerve
the most important factor. s
- According to the channel distribution
- According to zangfu organ relationship
- Local points



Commonly Selected Points According to nerve distribution (aka, nerve pathways)

- Head

- SJ17, Qian zheng: facial nerve Bell's palsy; facial paralysis. Facial nerve
- GB14, BL2, ST2, Jia cheng jiang, ST7: trigeminal nerve

- Upper limb

- Jia Ji Points
- HT2, SI8: ulnar nerve
- LI13, LI11: radial nerve
- PC3, PC4, PC6: median nerve



continued

- Lower limb:
 - Jiaji points
 - GB30, BL37: sciatic nerve
 - BL40: tibial nerve
 - GB34, ling hou: common peroneal nerve
- Back:
 - Jia ji points: select corresponding section for muscular or internal organs' disorders
- Lower back, sacrum:
 - BL24, BL25: lumbar nerves
 - BL31 to BL34: sacral nerves



Points selection for diseases

- Facial paralysis
 - Qian zheng, SJ17, GB14, BL2, ST2, Jia cheng jiang,
 - ST4, ST6, GB20, LI4, etc
- Trigeminal neuralgia
 - GB14, BL2, ST2, Jia cheng jiang, ST7
 - LI4, LIV2, GB20, etc



continued

■ Sciatica

- low back jia ji, BL23, BL24, BL25, BL31, BL32
GB30, BL36, BL37, BL40, GB34, BL57, BL60,
ST31, ST38

■ Hemiplegia

- ST12, HT2, SI8, PC3, PC6, LI13, LI11,
GB30, BL37, BL40, GB34, ling hou
- GB20, BL10, GB21, LI15, LI4, SJ5, BL60, LIV2, etc

■ Arthritis

- Local points
- According to affected joints, select corresponding
nerve points



continued

- Toothache
 - Jia cheng jiang, SJ17
 - ST7, ST6, GB20, LI4, ST44
- Schizophrenia
 - DU24, DU20, Du16, GB20
 - HT7, PC6, LI4, LI11, GB34, ST40, etc
- Obesity
 - ST25, SP15, ST31, ST34, LI15, LI14
 - ST36, ST40, SP9, LI11, etc