Electro-acupuncture 2

Instructor: Yuxia Qiu
Disease treatment

Advantages

1. Better for nerve disorders
2. Stimulation is more measurable than manual
3. Can stimulate more than one point at a time (manual can stimulate only one at a time)
4. Stimulation can last longer (manual may stimulate for a minute or two before going on to the next point)

Also good for patients that don't like needle manipulation. If sensation gets weaker, increase.
Points are selected in pair – usually 1-3 pairs.

Usually unilaterally

- Pair on same side left or right
- Do not cross from one side to another as that may interfere with heart action

Make sure pt can tolerate more stim before increasing pairs.
Selection of points

- According to nerve distribution
- According to the channel distribution
- According to zangfu organ relationship
- Local points
Commonly Selected Points According to nerve distribution

- **Head**
  - SJ 17, Qian zheng: facial nerve
  - GB14, BL2, ST2, Jia cheng jiang, ST7: trigeminal nerve

- **Upper limb**
  - Jia Ji Points
  - HT2, SI8: ulnar nerve
  - LI13, LI11: radial nerve
  - PC3, PC4, PC6: median nerve
Lower limb:
- Jiaji points
- GB30, BL37: sciatic nerve
- BL40: tibial nerve
- GB34, ling hou: common peroneal nerve

Back:
- Jia ji points: select corresponding section for muscular or internal organs’ disorders

Lower back, sacrum:
- BL24, BL25: lumbar nerves
- BL31 to BL34: sacral nerves
Points selection for diseases

- Facial paralysis
  - Qian zheng, SJ 17, GB14, BL2, ST2, Jia cheng jiang,
  - ST4, ST6, GB20, LI4, etc

- Trigeminal neuralgia
  - GB14, BL2, ST2, Jia cheng jiang, ST7
  - LI4, LIV2, GB20, etc
continued

Sciatica
- low back jia ji, BL23, BL24, BL25, BL31, BL32
  GB30, BL36, BL37, BL40, GB34, BL57, BL60,
  ST31, ST38

Hemiplegia
- ST12, HT2, SI8, PC3, PC6, LI13, LI11,
  GB30, BL37, BL40, GB34, ling hou
- GB20, BL10, GB21, LI15, LI4, SJ5, BL60, LI4, etc

Arthritis
- Local points
- According to affected joints, select corresponding
  nerve points
continued

- **Toothache**
  - Jia cheng jiang, SJ 17
  - ST7, ST6, GB20, LI 4, ST44

- **Schizophrenia**
  - DU24, DU20, Du16, GB20
  - HT7, PC6, LI 4, LI 11, GB34, ST40, etc

- **Obesity**
  - ST25, SP15, ST31, ST34, LI 15, LI 14
  - ST36, ST40, SP9, LI 11, etc