

Course:	Acupuncture Treatment of Disease 1	Date:	November 9, 2008
Doc:	Case Discussions		

The cases are worded in Dr. Luo speak. Good luck with that.

Zhao, Male, 63 years old

Chronic pharyngitis xu heat—KI can
 Patient has had an itching throat for more than 15 years. Sometimes he also has had a slightly sore and cause throat pain
dry throat, especially when he spoke too much. All of the above symptoms were developed during the
 deficient heat
 last month. He felt thirst in the afternoon and prefer for drinking frequently. However, he didn't want to
 deficiency pharyngitis
drink too much for each time. He also had hoarseness of voice and said it was due to his long period of
 yin xu w/ deficient heat
 teaching experience before retirement. Sometimes he felt hot on his palms at night especially during the
 recent three weeks while he was preparing some lectures for community education. He felt soreness in
 KI Yin Xu no Yang Xu, though
his waist and legs after returning from the supermarket every day. However, he didn't have cold
sensation in his waist.

Xu Liver Yang rising
 His figure is thin and his blood pressure was 156/110. He has had hypertension for more than 10 years.
 Heat Yin xu damaged body fluids deficiency
 The tongue is red, no coat, dry and shiny. The pulse is thin and deep.

- ❖ What's up with this guy?

Pattern differentiation: Kidney Yin Xu. The hypertension also indicates this has caused Liver Yang Rising. The diagnosis would be "chronic pharyngitis." You might write this on a chart as "Chronic pharyngitis due to Kidney Yin Xu with Empty Heat; Hypertension due to Liver Yang Rising."

- ❖ If he was a little bit fat with poor appetite and a cold sensation in his knees? What would his tongue look like then?

Kidney Yang Deficiency

- ❖ If the patient had a low voice and purple lips?

Blood stagnation

Points: UB 43, KI 3, SP 6, K1 w/ moxa, LU7 + KI 6

Li, Female, 56 years old

This is an in-patient who was admitted for having had knee joints pain for more than 3 months and [diabetes can be due to KI yin xu, LU yin xu, St yin xu \(see p 35 study guide\)](#) deteriorated for 1 day. The pain reduced after warm application. She also has had diabetes for 2 years.

One hour ago, before the lunch, she felt joints pain again after legs exposure without being properly [strong stimulation of ST causing ST Qi to rebel](#) covered. She took some pills for stopping the pain. Half an hour ago she took some spicy chicken. 15

minutes ago she felt upset in stomach and vomited forcefully. All the chicken was vomited out without [Vomiting and nausea plus the acute onset of total deafness = Phlegm Fire flaring up](#) good digestion. Five minutes ago she could hear nothing any more on both sides. She sweated a lot

during the vomit and felt vertigo and dizzy after vomiting the food. She usually had poor appetite and felt cold in the epigastrium.

Her tongue was light red and thin white coating. Her pulse was large and superficial without root. Her blood pressure was 178/100. She had no history of hypertension.

This is tricky one. Phlegm fire flaring up causes sudden onset and is considered to be an acute excess. The strong stimulation of the stomach by the pain killers plus the spicy chicken (what freakin' hospital is she in? who would feed recovering people spicy chicken?!) caused Stomach Qi to rebel and the vomiting. This caused the phlegm fire to flare up and cause the sudden total deafness. From page 26 of the study guide. Note that the patient doesn't have most of these symptoms. Also know that food poisoning and sudden stomach trouble fall into this category.

<p>Phlegm Fire Flaring Up Acute, Excess</p>	<ul style="list-style-type: none"> ❖ Acute onset ❖ Loud and noisy ringing like crickets or cicadas ❖ Pressure or sharp pain in and around the ears combined with ear ache or infection (yellow, sticky discharge): ear infection or allergy related. Turbid fluid. Swimmer's ear. ❖ Heaviness in the head; foggy sensation ❖ Tightness of chest and profuse mucous ❖ Nausea, vomiting. Perhaps cough with yellow sputum ❖ Profuse vaginal discharge ❖ Constipation and dark yellow urine. ❖ Tongue red with greasy thick or thin coat ❖ Pulse: slippery/wiry/fast 	<p>Principle: remove phlegm fire, benefit ears</p> <p>Basic points for deafness/tinnitus (SI 19, GB 2, SJ 21, SJ17; SJ 3, SJ 5, GB 41)</p> <p>And... REN 17/12, ST 39/40, SP 9, LI 4 and 11, GB 43.</p>
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There's a small artery in the ear that gets blocked that can also contribute to this.

Li, male this time...60 years old.

Three days ago, the patient had a headache after trying to carry something to the 2nd floor. During these 3 days he had a slight fever, aversion to cold, general body heaviness, especially on the head. He sweated a lot without exercising too much. He usually had poor appetite and decreased in these days.

Also, he had nausea, distending sensation of epigastrium and loose stool.

His blood pressure was 149/90 mmHg.

Pulse is superficial and soggy. Tongue has a thick white coating.

Patient has a couple of things going on, not just one. First, he's got a Middle Jiao deficiency that's causing dampness. That same deficiency seems to have weakened his defensive Qi too. He's got symptoms of an exterior invasion, wind cold. Since the symptoms are generalized and not localized you know it's not an allergy. If you look at page 12 of the study guide you see that common cold has generalized symptoms with headache, chills/fever where allergies do not have these symptoms.

Ergo: He's got Gan Mao/Common Cold with a Wind-Damp-Cold invasion. The treatment principle would be to remove the external Wind-Cold and to regulate the Wei and Ying Qi.

Study guide outlines **Wind-damp** as presenting with stomach flu: chills/fever in equal measure, general body heaviness and joint pain, heaviness of the head, decreased appetite with nausea/vomit/fullness, distention of epigastrium or ab, loose stool or diarrhea. Tongue is normal (damp cold) or red tip (damp heat) or swollen. The coat will be greasy, thick or thin, white or yellow. Pulse will be soft or superficial and slippery.

Points to use: LI 4, LU 7, GB 20, UB 12, SP 9 for damp and Taiyang for headache. Study guide adds P 6, Ren 12, ST 25/36/40, SP 6, UB 20/21 and ST 8 for damp headaches.

**Cao, A 39 Year Old Female:
Why study is bad for you**

Excess heat causing reckless bleeding

The patient had fresh red nasal bleeding last night when she was preparing for test at home. She had kept Go have some fun, girl. You're angering your liver. Liver qi stagnation or liver yang/fire flaring + stress preparing the test for 15 days. She also found she was irritated easily recently during the study. What's

Qi stagnation of the Liver which rules the tendons/sinews Liver heat

more, she felt better after extending her extremities. She also had red eyes, burning hypochondriac pain

Liver heat continued... Liver overacting on Spleen

and bitter taste, thirst, desire for cold drinks. She had poor appetite for more than 10 days.

Liver fire

Her blood pressure is 135/85. Her tongue has a yellow coat. Her pulse is wiry and fast on the left, weak on the 2nd on the right.

So whaddup? Liver Fire flaring upward with Liver overacting on Spleen. Treatment principle is to remove Liver fire, cool blood, and stop bleeding.

Per the study guide, treatment for this is:

Use the basic Epistaxis points: LI 4, LI 11, SJ 5, LU 6 (xi cleft) , and LI 20 using sedation or mild stim.

Add Liver Fire flaring up points: Liv 2/3/5, GB 41/43 and sedate UB 18/19.

Wang, female 30 years old

Chief complaint: wheezing and dyspnea

Chronic...

w/ current acute attacks

She has suffered from asthma since she was 4 years old. She had to apply inhaler every day recently.

Invasion of airborne pathogens

Her asthma attacks were elicited by exposure to dogs, cats, and house-dust mites. She also suffered

mildly eczema and the symptoms get worse when exposed to inhaled or ingested allergens. She usually

deficiency of qi and lung kidney defic.

Liver involvement – Qi yu.

felt tired with soft voice and lower back ached. Her periods lasted 7 – 8 days with severe cramps and she

Kidney xu

suffered from pre-menstrual tension. Her pulse was slightly weak in the left rear position and slightly

Liver

This does seem like Spleen Qi, but in the answers

wiry in the left middle position. Her tongue was pale, swollen with teeth marks, and coating was greasy below you need to pick the most involved organs based on the case discussion...no other spleen signs here.

white.

- 1) Which organs were involved in this case?
 - a. Kidney, Liver, Lungs
 - b. Lungs, Kidney, Heart
 - c. Liver, Heart, Kidneys
 - d. Spleen, Heart, Kidneys
- 2) The excessive parts for this patient include the follows, EXCEPT:
 - a. Liver Qi stagnation
 - b. Blood stagnation
 - c. Damp-phlegm retention
 - d. Invasion of wind pathogens
- 3) What are the deficient parts in this case?
 - a. Heart and Liver Blood Xu
 - b. Spleen and Kidney Qi Xu
 - c. Lung and Kidney Qi Xu
 - d. Liver and Kidney Yin xu
- 4) What is the principle of treatment of this patient?
 - a. Promote blood circulation, soothe liver and nourish heart and liver blood.
 - b. Tonify spleen and kidney Qi, nourish heart and liver blood, remove pathogens
 - c. Descend lung Qi, nourish liver and kidney yin, promote circulation
 - d. Tonify lung and kidney Qi, soothe liver, dispel wind pathogens and remove phlegm
- 5) Which group of points is good for this case?
 - a. Ren 17, Ren 22, BL 13, BL 12, GB 20, ST 40, ST 36, LU 9, BL 23, Dingchuan(extra)
 - b. ST 36, SP 6, BL 20, SP 21, ST 25, H 7, LV 8, BL 18, BL 17, DU 20
 - c. BL 17, BL 40, SP 10, 4 Gates (LI 4, LV 3), LV 8, PC 6, HT 7, Dingchuan (extra)
 - d. Dingchuan, LU 9, BL 12, BL 13, BL 15, Ren 14, GB 20, LU 10, LI 11

Mao, female 36 years old

Chief complaint: Sneezing and nasal discharge

Wind invasion

She's suffered from allergic rhinitis since the age of 14. She sneezed and her nose ran (white watery

discharge) when exposed to dust, cats, dogs. She also sneezed while drinking tea, coffee, wine or eating wind invasions = airborne allergies and induce sneezing, runny nose...

certain foods such as cheese, butter, chocolate, fats and spices. She suffered from frequent urination and Kidney deficiency of Qi...can't hold the urine

sometimes she had urgent, even incontinent, urination. She described it as "cystitis" but there was no

burning and the urine was pale. This symptom had started only a few months previously. She also had

Kidney Qi xu

been suffering from backache for the previous 6 years.

Deficiency

Kidney positions

cold or defic of blood, qi, yang

Pulse was weak and deep and weaker in both rear positions. Her tongue was pale with a white coat.

- 1) In this case the pathogenic factors are
 - a. Emotional disorder and/or congenital factors
 - b. Overworking and/or again
 - c. Wind-cold and or wind-dryness invasion
 - d. Invasion of external pathogens and/or irregular diet
- 2) The deficiency part of this case is
 - a. Kidney essence xu
 - b. Kidney Qi xu
 - c. Kidney Yin xu
 - d. Kidney Yang xu
- 3) In this case, her urinary disorder is mainly due to:
 - a. Lower pouring of dampness
 - b. Retention of damp-heat in the lower jiao
 - c. Kidney deficiency failing to hold urine
 - d. Spleen xu with damp retention
- 4) What is the differential diagnosis for this case?
 - a. Spleen and Kidney xu with wind-heat invasion
 - b. Dampness in the lower jiao with Lung Qi xu and wind invasion
 - c. Kidney Qi xu with external pathogenic wind invasion
 - d. Lung, Spleen, Kidney Qi xu with wind-dampness invasion
- 5) Which group of points is good for this case?
 - a. LU 9, BL 13, BL 12, GB 20, RN 17, ST 36, KID 3, SP 6, Yintang, Bitong, BL 7
 - b. ST 40, KID 3, BL 23, BL 52, BL 12, BL 13, GB 20, Yintang, Bitong with moxa
 - c. SJ 5, GB 41, SJ 3, BL 28, GB 3, SP 9, ST 40, ST 36, KID 3, SP 6, LI 20, Bitong, Yintang, GB 20, BL 7
 - d. GB 20, BL 12, BL 13, LI 20, Yintang, Bitong, BL 23, BL 28, Ren 3, Ren 4, Ren 6

Note: BL 52 = KI Yin Xu
DU 4 + Ren 4 = KI Yang Xu

Chief complaint: wheezing and dyspnea

Has been suffering from asthma recently. He coughed out large amounts of yellow sticky phlegm. He also had a high fever, chest fullness, and scanty/short dark urine. When diagnosing, you note he had a flushed face, wheeze, cough, thirst, and a body temperature of 101F. He had sticky, profuse, yellow phlegm. His tongue was red with a thick yellow coating. His pulse was slippery.

- 1) The TCM diagnosis indicates
 - a. Excess type asthma due to wind-cold affecting the lungs
 - b. Deficiency type asthma due to Lung Qi xu
 - c. Asthma due to external pathogenic wind-heat invasion
 - d. Excess type asthma due to heat – phlegm accumulated in the Lungs.
- 2) What acupuncture points would you use for this case?
 - a. DU 4, REN 4, REN 6, ST 36, KID 3, SP 6
 - b. ST 40, REN 17, DU 14, LI 4, LI 11, LU 5
 - c. LU 9, ST 36, BL 13, BL 20, BL 21
 - d. BL 17, SP 10, ST 41, BL 40, REN 3, ST 25
- 3) Which point can increase the effect of the treatment
 - a. A point ½ cun lateral to BL 52
 - b. A point 3 ½ cun lateral to the posterior spinous process of L 1
 - c. A point ½ cun lateral to Du 14
 - d. A point 3 cun lateral to Ren 3
- 4) What are the typical symptoms of asthma?
 - a. Cough, chest distention and spontaneous sweating
 - b. Rash on skin, acne, thirst
 - c. Pale face, short of breath
 - d. Dyspnea and wheezing

Zhang, female 60 years old

Chief complaint: lower back pain for 1 year

Yin deficiency, probably KI because of ears.

She has fatigue, ringing in the ears, hot flash, night sweating and palm heat. She also has digestive

Spleen Qi xu ?? probably Gallbladder which isn't sufficient to digest meats.

disorder with gas, bloating, poor appetite and aversion to meat. She feels full in the abdomen and has

Gallbladder again excess + damp/phlegm

greasy taste in her mouth. Her tongue is pale and swollen and the coating is thick and greasy. Her pulse

xu + heat Kidney xu

is thin and fast, weak in the rear positions. She prefers herbal treatment.

- 1) What's your differential diagnosis for this case?
 - a. Spleen and kidney Qi xu with damp retention
 - b. Kidney yang xu with Spleen Qi xu
 - c. Kidney yin xu with dampness in the Spleen
 - d. Middle jiao disorder with Kidney essence xu
- 2) What's the therapeutic principle?
 - a. Warm Kidney Yang and tonify Spleen Qi
 - b. Nourish Kidney Yin and remove dampness
 - c. Regulate middle jiao and strengthen Kidney essence
 - d. Tonify Kidney and Spleen Qi and remove dampness
- 3) What's the strategic plan for this case?
 - a. Go ahead and apply Kidney Yin tonics and ignore the dampness
 - b. Tonify Spleen and Kidney Qi and warm Kidney Yang
 - c. Nourish Kidney essence and regulate middle jiao
 - d. Strengthen Spleen and remove dampness first then nourish Kidney yin secondly.

Points could include KID 3, GB 39, SP 9, ST 36, REN 12, BL 23.

Wang, male 30 years old

Chief complaint is stomach ache.

Suffers from irregular diet. The main symptoms included distention in the epigastric region, burning Excess heat Food stagnation heat damaging fluids... aversion to food is stag too heat pain and aversion to touch, belching with a sour odor, constipation, aversion to food. His tongue was red food stagnation damp or food stag excess..why wiry, I don't know...Liver? with a curdy thick coating. The pulse was slippery, wiry, and forceful.

- 1) What is the differentiation of this case?
 - a. Retention of heat – phlegm in the middle warmer
 - b. Food stagnation with accumulated heat in the stomach
 - c. Spleen deficiency with empty heat in the stomach
 - d. Stomach excessive heat and fire with yin deficiency
- 2) Which of the following group of points is appropriate to him?
 - a. HT 7, PC 7, DU 26, DU 20
 - b. REN 17, LU 7, KID 6, SI 3
 - c. ST 36, REN 12, PC 6, ST 25
 - d. GB 34, GB 40, SP 4

Li, female 49 years old

Chief Complaint: Headache for two years

Liver heat

She has been suffering from hypertension and irritability for about 2 years. Two years ago she started to have dizziness, vertigo and night sweating and she was very irritable. She often has headache on the side of the head as well as tinnitus (mainly left ear). She is very tired with weakness of the lower back and knee joints. She feels hot inside the chest and her palms are always warm and wet. She has lots of heart involvement blood / heart dreams and wakes up time to time. Her memory and concentration are poor. She has still menses, but it is always late and scanty. She is over-weighted and tries to lose weight. She occasionally gets heart palpitations. Her tongue body is pale and small with a red tip and the coating is thick, greasy, and white. Her pulses are thin and weak on the left side, slippery on the right side middle position and weaker on both rear positions.

- 1) Her hypertension is mainly due to
 - a. Liver fire flaring up due to emotional disorders and phlegm retention
 - b. Liver yang up-rising due to emotional disorders
 - c. Liver heat and fire induced by Liver Qi stagnation
 - d. Liver Yang rising due to Liver and Kidney Yin deficiency with damp-phlegm.
- 2) What is the excess part of her case?
 - a. Liver fire flaring up
 - b. Liver Qi stagnation
 - c. Blood stagnation
 - d. Damp-phlegm retention
- 3) The differential diagnosis includes the follows, EXCEPT:
 - a. Liver yang rising due to Liver and Kidney Yin xu
 - b. Heart Blood xu
 - c. Damp-phlegm retention
 - d. Liver fire flaring up with excessive Liver Yang rising up.
- 4) Which point grouping is appropriate to this case?
 - a. SP 9, ST 40, ST 25, LI 10, SJ 6, LU 7, REN 17, P 6, LI 18, BL 18, BL 20, HT 5
 - b. LV 3, LI 4, GB 34, BL 18, BL 19, LV 14, GB 24, ST 9, ST 36
 - c. DU 4, DU 9, DU 20, RN 4, RN 6, K 3, K 6, BL 23, LI 4, LI 11, SJ 5, GB 20
 - d. GB 20, P 6, HT 7, LV 8, K 3, BL 23, SJ 5, LV 3, LI 4, ST 40, ST 36, SP 9

Wang, male 41 years old

Chief complaint: headache for 2 months

He has been suffering from hypertension and irritability for over 2 months with dizziness, vertigo, and tinnitus. He had also severe throbbing headache on his temple areas and lying posture made the pain worse. He was very emotional and with short temper. His tongue was scarlet w/ yellow greasy coating.

- 1) What could be the pulse?
 - a. Fast/wiry on both sides
 - b. Thin and wiry pulses
 - c. Slippery and wiry on both sides
 - d. Hesitant wiry pulses
- 2) The differential diagnosis for this case is
 - a. Liver fire flaring up
 - b. Liver qi stagnation
 - c. Liver yang rising up
Throbbing headache gives this away as does irritability/restlessness.
 - d. Liver wind harassing the head
- 3) Acu points for this case are:
 - a. 4 gates, SJ 5, GB 34, ST 36, SP 6, ST 40, SP 9, LU 7, LI 18
 - b. LV 2, GB 41, SJ 6, LI 4, SJ 17, GB 34, BL 18, SP 6, GB 43
 - c. LV 3, GB 41, SJ 5, GB 20, BL 18, DU 20, LI 11
 - d. K 3, SP 6, K 6, BL 23, BL 52, BL 43, P 6, HT 7, DU 4, GB 20

Wang, male 65 years old. Retired teacher.

Deficiency chronic deficiency
He had intermittent headaches for more than 10 years. He felt better after resting for a while. Sometimes
Wind and liver blood x
he also had vertigo, tinnitus, blurred vision and vomit while turning his head. He accepted the physical
Kidney – bone overgrowth
exam in a hospital and found the proliferation of C5 – C7 (Dr. Luo speak for bone overgrowth) and mild
hmmm. Yin xu liver wind
cataracts. During the last year, he had obvious night sweating and found it was difficult to pick food up
smoothly (Dr. Luo for tremors...). However, he could point and touch his nose accurately. He also felt
Kidney yin xu spleen qi xu...really need to know where distention is.
back pain and soreness of knees and waist. He also had abdominal distention and poor appetite.
Kidney qi xu
Sometimes he had diarrhea early in the morning. He said that was due to eating cold. He spat out white
Damp/phlegm damp LV yang rising ... not fire because headaches don't throb
phlegm in the mornings. He was overweight. His blood pressure was 165/110.
He had taken medicine for years.

Differentiation: Liver and Kidney Yin deficiency with Liver Yang rising.

Treatment: Nourish Liver and Kidney Yin and calm Liver Yang.

Points: DU 20, DU 16, GB 20, LIVER 3 + SJ 5, SP 6

Hu, female 50 years old

Lung qi xu, chronic

She had chronic cough and shortness of breath for more than 12 years. 10 yrs ago according to diagnosis Phlegm or Qi congestion from a hospital, she got chronic bronchitis. During recent 1 year she felt stiffness in the chest and had cardiopulmonary failure acute pulmonary edema ht/KI yang xu to sit up to hold deep breath. Early in the morning she spat out pink sputum. She found edema in the w/ retention of water stagnation of some kin heart xu – qi? distal part of her legs. Sometimes she also felt abdominal distention. She had palpitations and cold HT yang xu also heart yang xu sensation in the lower back as well as the cold sensation at the central part of her back. She went to the sign of ht/KI yang xu stasis/cyanosis toilet at night 4-5 times. Her lips were purple.

Qi xu with damp

She has a history of smoking for 20+ years. Her tongue is pale and swollen with teeth marks and a white coat. Her BP was 168/100 mmHg. Her pulse was deep, weak and slow.

Heart and Kidney Yang Xu with Retention of Water. Also, Heart Qi xu, Lung Qi xu, damp and phlegm retention.

Points: Ren 4/6, Du 4, UB 23/15/13, ST 28, BL 28. Moxa at the Du and ren 4 points.

Zhang, male 42 years old (oy vey! Come up with a different name already! Mark, Rick, Steve, anything!)

Chief complaint: Irritability (his wife probably sent him in!)

He has been suffering from irritability for over 2 weeks with a bitter taste in his mouth, thirst, and desire for drinks. He's been tossing and turning at night. He also has had a severe headache on the temple area with a burning pain on the hypochondriac region, constipation, hot and yellow urine and a burning feeling. His tongue is red, redder on the sides. His pulse is very wiry on both sides.

- 1) What is the differential diagnosis?
 - a. Excessive heat in the stomach
 - b. Yang excess of the large intestine
 - c. **Hyperactivity of liver organ**
 - d. Heart excessive fire

- 2) What are the points for 4 needle technique
 - a. **Tonify LV 4, LU 8 and sedate LV 2 and HT 8**
 - b. Tonify LV 3, SP 4 and sedate LV 5, HT 7
 - c. Sedate SP 3 and LV 2 while tonifying HT 8 and LU 9
 - d. Sedate LV 4 and HT 8 while tonifying KI 10 and LV 8

Zhao, whom I shall now call Andre, male 76 years old

Chief Complaint: Lower back pain for over 5 years

He has been suffering from lower back pain and frequent urination for over 5 years. He often feels tired and has a poor appetite. He has been suffering from common cold for 2 days with less sweating, slight aversion to wind and cold. His pulse is superficial but weak.

- 1) What is the differential diagnosis?
 - a. Heart and Lung Yin xu with wind-cold invasion
 - b. Kidney and Lung Qi xu with cold invasion
 - c. **Spleen and Kidney Qi xu with wind-cold invasion**
 - d. Kidney Yang xu with cold invasion

- 2) What's the treatment principle?
 - a. Nourish HT and LU yin and remove wind-cold pathogen
 - b. Tonify KI and LU Qi and remove cold pathogen
 - c. **Strengthen SP and KI functions and eliminate wind-cold pathogens**
 - d. Warm KI yang and dispel cold pathogen

- 3) Which group of points for this case if you decide to treat both chronic and acute symptoms?
 - a. HT 7, LU 9, SP 6, BL 15, BL 13, GB 20, BL 12
 - b. LU 9, K 3, BL 23, BL 13, LU 7, LI 4, BL 12, SJ 17
 - c. **ST 36, LI 10, BL 12, GB 20, BL 20, BL 23**
 - d. Ren 4, Ren 6, BL 23, DU 4, BL 12, GB 20

Li, whom we shall name Bart

Mr. “Bart” Li suffered from tinnitus with a sudden onset which was clearly related to emotional disorder. In addition, he also had headache, bitter taste, red face, and constipation. His tongue was red with spots on both sides and yellow coating. His pulse was wiry and rapid. What’s the differential diagnosis?

- 1) Rising of Liver Yang
- 2) Invasion of wind-heat
- 3) Kidney yin deficiency
- 4) Flaring up of Liver fire

Zhang, nicknamed “Annabelle”

Ms. Zhang, aka Annabelle, suffered from pharyngitis 2 days ago. Which of the following groups of points for pharyngitis due to heat in both Lung and Stomach would you pick for her?

- 1) LU 11, LI 1, GB 20, ST 36, GB 41, SI 9, SJ 17
- 2) LI 4, ST 44, LU 10, ST 9, LU 11, SJ 6, Ren 23
- 3) ST 25, ST 36, ST 40, BL 40, LU 6, LU 7, Ren 22
- 4) KI 6, KI 3, LI 4, PC 6, HT 7, SI 3, LV 8, SP 10

Mr. Wang, whose friends call him “Mike”

“Mike” has some emotional disorders lately. Which group of the following symptoms belong to Liver Fire?

- 1) Throbbing headache, tinnitus, irritation, insomnia, wiry pulse
- 2) Thirst, dry throat, constipation, yellow urine, bitter taste in mouth, fast/wiry pulse, burning pain in hypochondriac region, red spots on the tip and sides of his tongue.
- 3) Chest distention, epigastric pain, diarrhea, crying from time to time, thin pulse
- 4) Chills, fever, sore throat, palpitations, hypochondriac pain, edema