

Course:	Acupuncture Treatment of Disease 2	Date:	March 2009
Doc:	Case Studies and Discussions for Final		

“Please exactly make sure” that you also study case discussions that applied to Quizzes 1 and 2. ☺

## Class 8 - Multiple Sclerosis

Some lady. We don't know her name or age, but she's a grandma, so...

Inner wind

liver blood xu

Chief complaint: Numbness of the lower limbs, blurred vision for 1 year and aggravation for 1 week.

Inner wind...and Dai channel involvement since waist down

**History:** 1 year before her admission, she felt numb in the lower limbs and could not see everything  
Liver blood xu

clearly as well as eyes dryness. However, she didn't tell anyone else because she was engaged in taking

care of her grandson wholeheartedly. Unfortunately, 1 week before her admission, her numbness and

blurred vision were getting more serious. What's more, she felt flaccid in the lower limbs and had  
KI/BL involvement

difficulty in urination. So, she had to tell her family about her problem and tried to make sure what's

wrong with her. But during this process, her symptoms changed fast!

1 day before the admission, she could not move her legs even a little, only lying down on the bed

without turning her body, completely losing sensation below her chest. What's more, she could not see  
Kidney not controlling lower openings

anything and had difficulty in urination and defecation. She was sent to hospital by ambulance and

admitted to the neurological department at once. In the neurological department, she was treated with  
(this will toast the immune system...)

steroids and ganglioside for 15 days. There were no changes except that one eye was improved to

0.05.

Dampness

KI xu

SP qi xu

**Examination:** She was overweighted and had tinnitus in both ears as well as poor appetite and after-  
SP qi xu

damp xu heat

Kidney xu

meal bloating for long time. Pulse is soggy, thin and fast, 3<sup>rd</sup> position on both sides are thin, deep and

LV heat

heat

heat

dampness

weak. Tongue is red on sides, whole body is red. Coating is yellow, thick a little greasy. Crack in the  
heart

middle.

Pattern: 1) LV/KI Yin Xu with excessive damp heat, 2) SP/ST Xu.

Can use Du, Yangming channels. Can use 5 shu points together – plus dai channel points.

5 shu's are (jing well) ST 45, SP 1; (yingspring) ST 44, SP 2; (shu stream) ST 43, SP 3; (jing river) ST 41, SP 5; (he sea) ST 36, SP 9. ST channel 7-9am, SP 9-11am. These are the times for the stomach and spleen. Thus do the treatment at 9am for best results.

## Case Studies

### Case 1

Semi chronic stage...may still be excess

30 yo male has suffered from constipation for several months. He has had only 2 or 3 bm's per week and the stools were dry and small. He also had epigastric and abdominal distention. He has acne and toothache both upper and lower that comes and goes. Apart from this, no other sx. The body of his tongue is normal, but has a dry yellow coating which was thicker at the root. His pulse is slightly slippery on the right/middle.

Body fluids compromised? Qi stagnation in MJ damp heat? toxic heat?  
upper = stomach, lower = intestines  
body fluids damaged + heat lower jiao  
damp/food stagnation...right middle is spleen pulse.

1. What's your dx?
  - a. Constipation due to yin xu
  - b. Constipation due to liver qi yu
  - c. Constipation due to ki yang xu
  - d. Constipation due to heat in the st and intestines

Answer: D.

2. What points would you choose for this case?
  - a. SP 4, SP 6, KI 3, BL 43, KI 10, KI 8, SP 10
  - b. ST 25, ST 37, ST 44, SJ 6, BL 31-34 (Bailao)
  - c. ST 40, SP 9, GB 34, LV 8, LI 2, KI 2
  - d. DU 4, RN 4, RN 6, RN 8, DU 20, BL 23 with moxa

Answer: B

### Case 2

Chronic, indicating deficiency

33 yo woman has suffered from constipation 20 years. She has had only 2 bm's per week, but stools were not particularly dry or small. Her menses is scanty and pale, she suffers from PMS and her memory is poor. Tongue is pale and partially peeled. Pulse is deep, thin, wiry.

Not due to heat/excess blood xu Liver qi yu blood xu  
Qi, blood, yang xu or cold yin xu int xu LV qi yu

1. This patient has all of the following *except*:
  - a. Spleen qi xu
  - b. Blood xu
  - c. Liver Qi yu
  - d. Yin xu

Answer: A

2. Which points?
  - a. ST 36, SP 6, REN 12, BL 20, BL 21
  - b. ST 25, GB 34, LV 3, BL 25, KI 6, LV 8, KI 3, BL 17
  - c. GB 20, DU 14, DU 20, SP 6, KI 10
  - d. BL 17, BL 40, SP 10, LV 3, LI 4

Answer: B – points for blood and yin xu plus some for constipation

### Case 3

Li, female, 71 yo

She is seeking treatment for constipation. 4 years ago she was diagnosed with Parkinson's disease. She

LV wind

has a very slight tremor in her arm, drags her foot slightly, and her handwriting has been getting also wind chronic condition

progressively smaller. Apart from this, she has also been suffering from constipation more or less. She

had resorted to taking a laxative per day. Because of this it was difficult to find out how her stools would

be without them. She also suffered backache, dizziness, tinnitus, night sweats, poor sleep, irritability, heat (ht or lv/gb) heart yin xu

bitter taste in the mouth, palpitations and a dry throat at night with desire to sip water.

Heat heat/dry bf's damp or liver heat heat

Tongue is red esp on the sides, dry yellow coating. Pulse is slippery/rapid on both sides. Left guan was

full and wiry, left cun was thin, both chi were thin and fast.

1. Her symptoms including a slight tremor in the arm, dragging the foot and progressively smaller handwriting indicate:
  - a. Kidney yin xu with shen disorder
  - b. Liver and kidney yin with essence xu
  - c. Signs of liver yang rising
  - d. Signs of inner or liver wind

Answer: D

2. Symptoms including backache, night sweating, poor sleep, palpitations and dry throat at night with desire to sip water indicate
  - a. Liver and ki yin xu

- b. Disharmony between ht and ki
- c. Lu and st yin xu
- d. Lv yang rising due to lv yin xu

Answer: B

3. Patient suffers from all of the following *except*:
- a. Lv excessive heat
  - b. Inner wind harassing
  - c. Ht and ki yin xu
  - d. Lv and ht blood xu

Answer: D

4. Which of the following acu points would you choose?
- a. Ren 3, bl 28, sj 5, sp 9, st 40, lv 5
  - b. Gb 34, gb 20, ht 7, ki 6, sp 6, lv 2, gb 41, st 25, sj 6
  - c. Li 11, li 4, du 14, bl 40, p 6, sj 17, bl 25
  - d. Sp 10, sj 3, sp 6, bl 17, bl 40, sp 4, ki 6

Answer: B

## Class 10 – Diarrhea and Hemorrhoids

### Case Study 1

Chronic

Zhang, a 38 yo female has suffered from watery diarrhea for about 3 years. She has had diarrhea for about 4 to 5 times per day and has also experienced abdominal fullness, pain in the abdomen and lower back soreness. She has a poor appetite, fatigue. Recently she often sighs and has severe spasms and pain during the 1<sup>st</sup> 2 days of menstruation. She has a pale tongue with a thin white coating, and her pulse is deep, weak and slightly wiry.

Kidney xu                      Spleen Qi xu                      Qi xu                      LV qi yu                      same here.....  
qi, blood, yang xu  
interior xu                      LV

1. the Patient's diarrhea indicates
  - a. Liver overacting on the spleen with damp retention
  - b. Deficient cold affecting the ST and SP
  - c. SP and KI deficiency with liver Qi yu
  - d. Prolapse of the Spleen Qi with blood stasis

Answer is C

2. What is the tx principle for this case?
  - a. Soothe LV qi, reg SP fnx, and remove dampness
  - b. Dispel xu cold from the ST and SP
  - c. Tonify both the SP and the KI and reg LV qi
  - d. Save SP qi from prolapse and eliminate blood stasis

Answer is C

3. What points?
  - a. LI 4, ST 44, ST 37, SP 9, ST 25, LI 11
  - b. REN 12, ST 36, DU 14, GB 20, ST 25
  - c. DU 20, REN 6, REN 17, SP 4, ST 25, DU 4
  - d. UB 23, UB 20, UB 25, ST 25, LIV 3, ST 37

Answer is D

### Case Study 2

Excess                      acute

Li is a 32 yo male. He has been suffering from diarrhea w/strong odor for 3 days. It started suddenly and he still has a fever and nausea. He was prescribed antibiotics but didn't help. Bowel movements are always very loose with some cramping and burning pain during evacuation which occurs about 3-4

Heat?                      damp?

heat

times per day. He also suffers from a feeling of fullness and distention and his appetite has decreased. <sup>excess</sup> affecting Spleen/MJ  
<sup>Damp</sup> damp <sup>heat</sup> excess <sup>heat</sup>  
His head feels muzzy and his body feels heavy. His tongue is red w/thick and sticky yellow coating and <sup>damp</sup>  
slippery pulse.

1. what is the dx for the case
  - a. diarrhea due to SP qi xu w/damp
  - b. Diarrhea due to disharmony between LV and S
  - c. Disorder of the MJ w/LV qi yu
  - d. Diarrhea due to invasion of DH

Answer = D

2. Which one of the following is correct?
  - a. Excessive type with SP and ST disorder
  - b. More xu with less excess
  - c. Half excess with half xu
  - d. SP is the only affected organ in this case

Answer = A

3. What points?
  - a. ST 25, ST 36, ST 40, SP 6, SP 16, SP 9, LI 11, BL 25, LI 4
  - b. KI 3, SP 5, BL 62, GB 34, SJ 5, LU 6, KI 6
  - c. LI 10, ST 36, SP 6, BL 20, BL 21, REN 17
  - d. (there was an option D, but he flew past it and I didn't get it... wasn't the right answer anyhow!)

Answer = A

### Case Study 3

Wang, 52 year old female.

<sup>Spleen qi xu</sup> <sup>heat</sup> <sup>damp</sup>  
She had intermittent loose stool with burning and heavy sensation for more than 3 months. During the <sup>Diarrhea diagnosis</sup>  
last 1 month she had 4 times of loose stool in a day. She felt thirsty after diarrhea. Half a month ago she  
tried to have some herbs according to her own experience and felt better. Sometimes she only had 1 time <sup>constipation</sup>  
of loose stool during a day. However 1 week ago she had a new problem: she defecated one time during <sup>bod fluid dmg</sup> <sup>excess</sup> <sup>yin xu</sup>  
a week. Her stool was dry with a strong odor. She also had a hot sensation in her palms and dry

Lung heat
Spleen qi xu
MJ
Qi xu  
 sensation in her throat and nose. She also had poor appetite and abdominal distention. She sweated a lot  
heat
heat
damp
LJ
damp  
 in her meal (ew!!!). Her tongue was red with yellow greasy coating at the root. Her pulse was slippery  
heat xu
heat
Lung xu heat  
 and fast, thin and fast in the 1<sup>st</sup> position on the right.

Lung yin xu . . . . .causing wind
Lu yin xu  
 She has a 10 year history of psoriasis and still feels itchy after eating spicy foods. Her skin is dry with a  
 red rash.

What is your diagnosis and suggestion for points?

Spleen qi xu with retention of damp heat  
 Lung yin xu and deficient heat

By the way, she's got diabetes...alternating loose stool and constipation, thirst and skin problems. Called Xiao Ke in TCM.

Points:

- ☺ Spleen Qi xu: ST 36, SP 6
- ☺ LU yin xu: LU 9
- ☺ Damp heat to lower jiao: ST 40, LI 11, SJ 5
- ☺ Can use ST 37 for constipation and the Insulin Point for diabetes.