Du Channel
Governing Vessel

Pathway

Starts lower ab, uterus or semen palace, same as Ren and Chong. Because female’s Ren/Du/Chong channels start in the uterus/lower ab, can use these channels for menstrual problems.

→ Perineum → interior of Spinal Column – can use Du points or Jiaji points to treat -- → Du 16

From Du 16 which is also called the “clear mind point” – this is where the meridian enters the brain. Another branch ascends along the skull at the midline to the vertex. A 3rd branch also enters the brain from the vertex. So there are 2 spots where Du enters the brain: From Du 16, from Du 20.

Du then descends along the midline of the head, terminating at the junction of the upper lip and the gum (frenulum) – Du 28.

First branch of Du:

Very similar to the primary pathway of the Kidney Channel. This branch starts in lower ab, to perineum, winding around the anus and meets with the Kidney Channel. Ascends the interior of the spinal column and enters the Kidneys.

For this reason, there are a lot of herbs guiding to the Du channel which are related to the Kidney channel. Tu si zi, for instance is a guide to the Du channel, but also tonifies Kidney essence. Also, when pt has KI deficiency, will sometimes have symptoms along Du – fertility problems or impotence, spinal problems like degenerative problems on the spine, brain marrow deficiency like poor mem/concentration, tinnitus, etc.

Second branch of Du

Very similar to the Ren channel pathway. Throat to eyes is the same as 2nd Du, Chong and Ren. Hence disharmony of Chong/Ren, etc type dx’s

Lower ab/uterus → external genitalia → umbilicus → passes thru the Heart → throat
meeting with Chong and Ren → winds around the mouth and terminates below the eyes.

Third branch of Du

Very similar to Bladder channel.

Inner canthus → bilaterally along the forehead → vertex around Du 20 and enters the brain
→ the single channel emerges at Du 16 on the nape of the neck. Divides again, descending thru Bl 12 along either side of the spine then to the Kidneys.

Du Channel has close relations to BL, KI, Chong and Ren channels.
**Know:** Du channel enters the brain at 2 points (Du 16 and 20). Significant in the clinic – poor mem/concentration – treat with extra points Sishencong. Often improves memory and concentration.

**Du Luo Connecting Channel**

Begins Du 1 ➔ ascends bilaterally ➔ along the sides of the spine i.e., the Jiaji points. Jiaji points are between Du and Bladder channels, so some practitioners believe Jiaji will treat both channels at once. Also, there is a risk of dangerous puncture with Bladder channel, but not with Jiaji. Only problem is that there aren’t jiaji points (hua tuo’s anyhow) on the cervical area, though some have invented them there to treat tension headache/occip headache.

From here there are 2 pathways:
1. nape of the neck ➔ and spreads over the occiput area.
   Sometimes in the clinic rather than the JiaJi’s pract’s use the newer JiaJi’s on the cervical area to treat occipital area.
2. at scapular region ➔ connects with bladder channel ➔ threads thru spine

Excess: stiffness of spine
Deficiency: heaviness of head, shivering of head.

**Meeting points on the Du Channel**

There are a lot of meeting points on the Du channel – lots of people call Du the “Sea of Yang” because of this.

<table>
<thead>
<tr>
<th>Meeting point s on DU channel</th>
<th>Meeting w/ channels</th>
</tr>
</thead>
<tbody>
<tr>
<td>RN1</td>
<td>Chong channel</td>
</tr>
<tr>
<td>DU1</td>
<td>KI</td>
</tr>
<tr>
<td>BL35</td>
<td>BL</td>
</tr>
<tr>
<td>BL12</td>
<td>BL</td>
</tr>
<tr>
<td>DU13</td>
<td>BL</td>
</tr>
<tr>
<td>DU14</td>
<td>Six yang channels</td>
</tr>
<tr>
<td>DU15</td>
<td>Yangwei</td>
</tr>
<tr>
<td>DU16</td>
<td>Yangwei, sea of marrow, ghost point</td>
</tr>
<tr>
<td>DU17</td>
<td>BL</td>
</tr>
<tr>
<td>DU20</td>
<td>BL, SJ, LIV</td>
</tr>
<tr>
<td>DU24</td>
<td>BL, ST</td>
</tr>
<tr>
<td>DU26</td>
<td>ST, LI (ghost point)</td>
</tr>
<tr>
<td>DU28</td>
<td>RN, ST</td>
</tr>
</tbody>
</table>
Functions and Indications of Du Channel

1. Sea of Yang Channels
   Functionally, balances the Yin and Yang.

   Yang Xu: choose points on the lower part of the body. Du 3 or 4 for instance will tonify Yang.
   Wind/cold invasion – use moxa on Du 14 for expelling the wind and excess cold.

   Yang Excess: clear heat. Du 14 (LI 11). This lasts for a couple of hours, then often have to do it again.
   With sore throat, use jing well points. Without sore throat, Du 14 – plum blossom with cupping is easier than 3 edged needle or lancet.

2. Brain (Du 16 and Du 20)
   B/c this is where the meridian enters the brain.
   a. Deficiency of brain marrow:
      This is actually from the Neijing - tinnitus, dizziness, blurred vision, weakness of knees and legs (KI xu). Poor concentration and memory would be here too. This is similar to today’s KI deficiency. Use herbs to tonify the Kidney. Other points on Du are appropriate as well – Du 3 or 4 to tonify essence for instance.
   b. Epilepsy
      Du 16 and 20 as well as other Du points – Du 2 for instance is good for certain epilepsy types.
   c. Psycho-emotional problems
      Depression points on Du channel (to follow).

   Herbs guiding to Du channel guide to KI and Bl as well. Du 4 may be the best point to tonify KI yang, even better than KI 7 to tonify KI yang for water metab problems. Du 4 is much stronger for KI yang, though.

4. Spinal problems
   Choose JiaJi and Du in alteration to treat.

5. Chong and Ren channel problems
   First Du branch share that path from throat upwards. Lower back and sacral areas are useful for repro stuff. Remember another branch similar to bladder, another similar to KI.

KNOW:
Bold stuff above.
### Points

<table>
<thead>
<tr>
<th>Point</th>
<th>Category</th>
<th>Indication</th>
</tr>
</thead>
</table>
| Du 1  | Luo Mtg Du, ren, gb, ki | 1. **Local problems**  
   a. BM: infantile diarrhea, hemorrhoids, constip, bloody stool...more common to use for massage than for needling.  
   b. Reproductive stuff  
   c. Problems around genitals  
   d. Lower back pain, sacral pain  
  2. **Mental problems** because Du enters brain. Mania-depression, epilepsy  
  3. **Luo connecting point**  
   a. Excess – stiffness of psine  
   b. Deficiency – heaviness of head, shivering of head. |
|       |          | Du 2-4  
   All are safe to puncture. Du 4 contra to moxa for pts under 20 or 30 y.o. – these ppl have strong Yang qi and with moxa will create too much Yang qi possibly causing Yin xu later in life and empty fire flaring upwards. Dizziness, headaches, migraines, etc.  
   1. **Reproductive problems** because channel starts at lower ab/uterus  
   2. **Local problems** – lower back and sacral pain for instance. |
|       | See above. Additionally: **Good point to treat epilepsy**. Mostly use acupuncture, not moxa for this. Herbs given along with this can be expel wind and phlegm, plus calm shen herbs. Different if due to qi/blood stag. Day/night epilepsy can also choose K6 or Bl 62. |
| Du 3  | See above. Additionally:  
   1. meeting place of Yuan-yin and Yuan yang. Both are related to Kidney and can tonify kidney, though Du 4 is used more  
   a. Emphasis on reproductive problems  
   b. **Lower back pain, weakness and pain of the knees** –  
   2. Bloody stool  
   If constant and symptoms linger, suggest exam from MD. Can be colon cancer, polyps, etc. Some ppl will mistake this for hemorrhoids. Often this kind of bleeding will be itch/pain free.  
   If infrequent, know is hemorrhoids, this point can help. Other points better. |
<table>
<thead>
<tr>
<th>Point</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Du 4</td>
<td><strong>Mingmen or “Gate of life” loc at L2</strong></td>
</tr>
<tr>
<td></td>
<td>Very important point, often used. See above. Additionally:</td>
</tr>
<tr>
<td></td>
<td>1. <strong>Gate of Life</strong> – where KI essence and KI Qi stores – <strong>tonify Kidney</strong></td>
</tr>
<tr>
<td></td>
<td>a. Reproductive problems – fertility problems, lowered sexual drive, delayed menstruation</td>
</tr>
<tr>
<td></td>
<td>ZZ Case: Pale tongue, miscarried 2ce, always feels cold – suggested home moxa on Du 4 (if have help) or Ren 4 (if don’t) plus herbs and acu 2ce week. KI pulse stronger, less cold sensations, tongue still pale. Got preggers after 3 months of treatment. Patients with problems getting preggers, Du 4 moxa works well too.</td>
</tr>
<tr>
<td></td>
<td>If lower ab always feels cold and upper is warmer, use moxa here too. If can’t use moxa, try heating pad on lower back or lower ab, but not during menstruation.</td>
</tr>
<tr>
<td></td>
<td>b. Urinary problems – deficiency cases like night urination, frequency of urination. Per ZZ: very good point, used in the clinic a lot. No idea why it’s not bolded…leaky urination when you sneeze or cough. <em>Not</em> urination problems due to infections like UTI, prostatitis, etc. Moxa with infection will just make symptoms of an infection worse.</td>
</tr>
<tr>
<td></td>
<td>2. Calm Shen, such as epilepsy</td>
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<tr>
<td></td>
<td>Du 2 is the preferred point for epilepsy.</td>
</tr>
<tr>
<td>3.</td>
<td><strong>Balance Yang Qi</strong></td>
</tr>
<tr>
<td></td>
<td>a. <strong>Yang Deficiency</strong> (deficient cold)</td>
</tr>
<tr>
<td></td>
<td>Kidney yang is the root of all Yang Qi. Warm, and tonify Kidney yang. KI 7 works too, but not a strong as Du 4. Feels cold, repro problems, use Du 4.</td>
</tr>
<tr>
<td></td>
<td>b. Yang excesses such as fever, headache, vertigo. Other points, upper Du area, like Du 20 or 14 are better.</td>
</tr>
</tbody>
</table>

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**Du 5 – 8**

When you memorize indications: know the location of points also. Indications often related to the same level Back Shu’s.

1. **Digestive problems** – L1/Du5 not used much for this because digestive organs higher than this. Points related to back shu of SP, GB, Liv better ones.
2. **Local problems** – stiffness and pain in the back.

<table>
<thead>
<tr>
<th>Point</th>
<th>Description</th>
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<tbody>
<tr>
<td>Du 5</td>
<td>L1</td>
</tr>
<tr>
<td></td>
<td>See above</td>
</tr>
<tr>
<td>Du 6</td>
<td>T11 – same as Spleen back shu, Bl 20</td>
</tr>
<tr>
<td></td>
<td>See above. Additionally:</td>
</tr>
<tr>
<td></td>
<td>1. Emphasis on <strong>digestive problems</strong>, as it the level of T11. Diarrhea, prolapse of rectum, bloody stool, hemorrhoids.</td>
</tr>
<tr>
<td></td>
<td>2. Epilepsy</td>
</tr>
<tr>
<td>Du 7</td>
<td>T10 – Bk shu of</td>
</tr>
<tr>
<td></td>
<td>1. <strong>Jaundice</strong></td>
</tr>
</tbody>
</table>
**GB, Bl 19**

**Du 8**
Loc at T9, same as Bk Shu of Liver

1. at the level of T9, same as Liver Bk Shu  
   a. **Tendon problems** – constraction and spasm of sinews, chronic spasms  
   b. Liver Wind – upward staring eyes, epilepsy  
   c. Liver heat – mania, mad walking and incessant talking

**Du 9-12**
Upper back points – often used in clinic. Shoulder blade hurts, medial back hurts. Needle and do follow up cupping. Old texts say contra to needling, today there are no restrictions.

Best direction to puncture: texts recommend obliquely upward, ZZ says in clinic sometimes go perp or very slight angle upwards instead.

1. Respiratory problems – expands the chest and soothes the Qi. Palpate – if tender, is a good candidate to help with this kind of problem.  
2. Local problems such as back pain, stiffness and pain at the nape of the neck. If only on one side, don’t use Du, use Jiaji instead, maybe better with cupping, esp if due to trauma/injury.

**Du 9**
“reaching yang”  
T7 – hui of bone Bl 17

Reaching Yang
1. Warms up the Du yang – Heart problems. Du 11 also good for this including chest tight/pain/palps.  
2. **jaundice** – also Du 7 b/c is level of Bk Shu of GB. Du 9 because jaundice rel’d to heat  
3. Malaria  
4. Digestive problems – near abdomen

**Du 10**
“spirit tower”  
T6

Spirit tower
1. Calms Shen : insomnia, poor memory  
2. Clears heat, treats different kinds of skin problems on back especially: **furuncle, carbuncle, clove sore**. Clove sores are deep rooted sores, boils that are infection types. Furuncle/carbuncle are staph type infections. However, clinically, ZZ wouldn’t use acupunc on these points, but herbs….but on exams, may well be asked what is good for these problems. Can use LI 7 also for these problems.

**Du 11**
“Spirit pathway”  
T5, Back Shu of Heart

Spirit pathway
1. Calm shen as is same level as bk shu of heart. Epilepsy, chest pain, **chest tightness**, insomnia, poor memory, aphasia from stroke.  
   *Very important point for chest tightness and palpitations.* Often tender for ppl with chest and heart problems. Cupping helps relieve the pain.  
2. Malaria
<p>| | |</p>
<table>
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<tr>
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<tbody>
<tr>
<td>Du 12</td>
<td>Level of T3 – Bk Shu of Lung</td>
</tr>
</tbody>
</table>

**Body Pillar**

1. **General pain but only due to external wind invasion.** Not due to Qi/blood stagnation. Flu like symptoms – body aches, chills and fever. Bk shu of Lung level – Lung helps expel exterior/wind. Often moxa or needling – can also needle, heat lamp. Add herbs to seal the deal: Qiang Huo Shen Shi Tang or Jiu Wei Qiang Huo Tang – remember Qiang Huo good for expel wind in upper back/body area.

2. Calm Shen – mania/depression, epilepsy


**Stress:**

Du 9, 10, 12 + Ren 17, 12, 4. This is from a seminar given by Dr. He’s “guru:” punc the du points starting at Du 12, transversely downwards, flip patient over and keep needles, then punc the Rens. Damn! Dangerous!

**Du 13-14**

Often used in clinic. Perp or oblique puncture, though often perp in clinic. Safer: Use a 1 – 1 ½ cun needle and if you go to far will actually touch the bone. Qi sensation is often better too.

Both of them

1. **relieve/expel exterior syndromes** – such as wind heat and wind cold. All points on the upper back can be used to expel wind, these fall into this zone too. Can use heat lamp w/ needle, heating pad without needle, cupping, etc. Cupping might yield deep bruises – bruises = pathogens such as wind/damp retention, damp cold, qi/blood stagnation. As condition improves, bruising lighter and lighter as you draw out the pathogen. If pt reports pain without bruising = deficiency.

2. **Regulate Yang Qi**.
   a. Clear heat – fever specifically. Can punc, blood let (lancet ok, but 7 star needling with cupping is better).
   b. Internal and external cold.
      - External cold is like w/c invasion. Chills, fever = moxa
3. **Respiratory probs** – expand chest, stop coughing and wheezing such as for asthma and cough. LU 6 may be better for asthma attack that looks like this. Ren 17 too. Both are easier to reach and self-massage than Du 13-14.
   Jiaji next to Du 14 is ½ cun lateral to midline/Du 14 – “Ding Chuan” and is good for stopping cough/wheeze assoc with asthma attack. Do a sitting treatment and combine with Ren 17/Lu 6. If they are prone to faint, lay them down, do Lu 6 and Ren 17.
4. **Expel internal wind**: tremors, (esp) paralysis, convulsions.
5. **Local problems** – back pain, neck and nape pain and stiffness.
6. **Upper extremeties problems** – nerves controlling upper limbs exit from this area.

**Du 13**

Level of T1

See above.

Additionally:
Depression. Name of point translates to “way of happiness.” Combine with other points for best effect.

<table>
<thead>
<tr>
<th>Du 14</th>
<th>Meeting all yangs</th>
<th>Point of sea of qi</th>
<th>See above. Additionally:</th>
</tr>
</thead>
</table>
|       |                    |                    | 1. **Strength of Qi – Wei Qi deficiency**  
|       |                    |                    |   Strong effect. *Best point to strengthen Wei Qi.*  
|       |                    |                    |     Usually, use moxa on Du 17. If pt won’t do that, suggest heating pad. Digestive, St 36; Wei Qi Du 14. Can combine these points together into one treatment. Long ago, used scarring moxa on both points using rice grain sized moxa bits – sometimes several cones. Even indirect moxa helps, however.  
|       |                    |                    |     If lower body, use sp 10, gb 31, sp 6.  
|       |                    |                    | 3. Digestive problems  
|       |                    |                    |     ST flu related nausea, vomiting, diarrhea, jaundice – chills and fever might be present too. More focused for exterior invasion symptoms.  
|       |                    |                    |     *Not* for foot poisoning, preggers morning sickness, etc. Use P6, Ren 12, ST 36 – points for any etiology of n/v for non-exterior types.  

| Insomnia: Du 14, 13, 12, 11, 9, 4, 3. Not always used for insomnia. Depends upon differentiation. |

| Du 15-16 | Open orifice (including throat – Du 15 is at the same level as throat/larynx), benefit throat  
|          | Sore throat, stiffness of tongue, speech problems  
|          | Expel internal wind (external wind for Du 16 only)  
|          | Epilepsy, mania, depression, convulsion  
|          | Local problems  
|          | Headache, nape and neck pain  
|          | Nasal bleeding |

| Puncture notes:  
| Do not puncture upward, but down and perp. Use only 1 cun needle for safety. 40mm (1cunish) in females, 42mm in males, from skin to uh-oh at the spinal canal. |

| Du 15 | Point of Sea of Qi  
| Mtg Du + Yang Wei | “Gate of Muteness”  
|                      | Emphasis is on the **throat**, and speech related problems. i.e. stiffness of tongue with inability to talk. Used after stroke. Also, loss of voice, lotus flower **tongue**, flaccidity of the tongue  
<p>|                      | Open orifice and rescue Yang Qi: loss of consciousness. |</p>
<table>
<thead>
<tr>
<th>Du 16</th>
<th>WOS Ghost (SS) Pt of sea of marrow Mtg Du + Yang Wei “feng fu”</th>
</tr>
</thead>
</table>
|       | **1. Expel wind**<br>a. External wind – catch cold (neck pain, headache, taiyang syndrome type with head and body ache)  
b. Internal wind – epilepsy, convulsions, etc. |
|       | **2. Eye problems: eye pain** |
|       | **3. **Open orifice, clear mind.** Poor concentration, poor memory, foggy mind. Du channel enters the brain here and at Du 20. |

<table>
<thead>
<tr>
<th>Du 17 – Du 20</th>
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</table>
|                | **1. Calm Shen.**<br> All can be used for this, but the most commonly used with good result is Du 20.  
|                | Mania/depression, epilepsy, insomnia, dream disturbed sleep, irritability.  
|                | Remember KI1’s and P8’s also. |
|                | **2. Local Problems.**  
|                | Headache, dizziness, vertigo, heaviness of head  
|                | Patients with these symptoms will often have tenderness when these pts are palpated.  
|                | **3. Problems along the Du channel: nape pain, lower back pain (Du 20 is the most common for this).** |

<table>
<thead>
<tr>
<th>Du 17</th>
<th>Mtg Du + BL</th>
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</thead>
</table>
|       | **1. Face and eye problems.**<br> Red face, facial pain, dimness of vision, short sightedness, eye pain, excessive lacrimation, yellow eyes and jaundice.  
|       | **2. Tongue and throat problems: sudden loss of voice.** |

<table>
<thead>
<tr>
<th>Du 18</th>
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</table>
|       | **1. **Facial and Eyes**<br>a. Expel wind: Bell’s palsy  
b. Scalp line: Du 18 → Du 17  
|       | i. Eye problems such as conjunctivitis and keratitis  
|       | ii. Foot tinea…though ZZ has never used it for this.  
|       | Herbs for soaking are better. Soaking in vinegar changes the pH and that can help a lot too. Takes a long time to get rid of it…up to 3 years! |

<table>
<thead>
<tr>
<th>Du 19</th>
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</table>
|       | **1. **Balance Yang Qi** (top of head), not just clear the heat.**<br>a. Ascend/tonify the Yang Qi when there is not enough Yang Qi to bring it up to top.  
|       | Sx: dizziness, hypotension, hypoglycemia, prolapse of internal organs (bladder, uterus, kidney esp – do moxa or puncture), enuresis, diarrhea, heavy bleeding during menses.  
|       | Qi helps ascend clear essence as well as keeps the blood in the vessels – when there is Xu of Qi, can’t do these. This point can assist in restoration of the Qi. |
Be careful with the diarrhea—make sure it’s a deficient type, not excess type.

b. Clear heat: fever and hypertension
   Can lower BP, esp for pts with stress related hypertension.
   Helps relax the patient.
   Bidirectional actually => both high and low helped.

c. Rescue Yang Qi: coma and loss of consciousness.
   Acushock – moxa or massage on Du 20 to help symptoms.

2. **Regulate Shen** (channel enters the Brain here)
   Biregulatory – works for both hypo and hyper types.
   a. Sleepiness, foggy mind, poor concentration, depression
      All Hypo type symptoms.
   b. Insomnia, anxiety, mania
      (Five Palm HT needle: P8, K1, Du 20)
      Hyper type symptoms.

3. **Sense Organ problems (local)**
   Aphasia, ear problems, nose problems

4. **Problems along the Du Channel (more distal)**
   Lower back pain, leg pain.

Du 21-24
Very safe for adults, not so much for kids/infants when fontanelle isn’t closed (esp Du 21/22)

Indications:

1. **Calm shen**
   a. Depression
   b. Mania
   c. Epilepsy
   d. Infantile convulsions

2. Nose problems
   Du 23 is most commonly used in this grouping, but the others work.

3. Eye problems
   Blurred vision, floaters, infections, red/itchy/burning. Compared with Bladder channel points, doesn’t work as well.

4. **Local problems.**
   a. Headache
   b. Heaviness of head
   c. Cloudy mind
   d. Poor concentration
   e. Poor memory
   f. Stiff neck

<table>
<thead>
<tr>
<th>Du 21</th>
<th>Indications above (calm shen, local problems)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Du 22</td>
<td>Indications above (calm shen, local problems)</td>
</tr>
<tr>
<td></td>
<td>Also, raise yang qi, lethargy</td>
</tr>
<tr>
<td>Du 23</td>
<td>Ghost (Sun Si-miao)</td>
</tr>
<tr>
<td></td>
<td>Indications above, plus… <strong>Nasal Bleeding</strong></td>
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<td></td>
<td>(will be on final probably!)</td>
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<tr>
<td>Point</td>
<td>Indications</td>
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<tr>
<td>Du 24</td>
<td>Mtg Du + BL, ST&lt;br&gt;Also good to use for shen disturbance because is a Ghost pt. &lt;br&gt;Also good to use for shen disturbance because is a Ghost pt. Du 24 is called the “courtyard of spirit” – the emphasis is on calm shen&lt;br&gt;Du 24 + ST 6 in a triangle will often calm spirit for shen disorders. ST 6 is mostly about tooth grinding/anxiety. Hey, that’s me!</td>
</tr>
<tr>
<td>Du 25 – 26</td>
<td>Indications:&lt;br&gt;1. Rescue Yang Qi, coma, loss of consciousness&lt;br&gt;2. Nasal problems (local indication) – LI 20 and Bitong are better, but this theoretically would work…be able to run very fast if you use Du 25!!</td>
</tr>
<tr>
<td>Du 25</td>
<td>Ghost (SSM)&lt;br&gt;1. Emphasis on emergency problems.&lt;br&gt;Can massage or puncture (better result) toward the root of the nose. Oblique superior direction.&lt;br&gt;2. Lower back problems&lt;br&gt;Lumbar muscle strain. Keep needle and ask pt to do light physical exercises. LI 10, SI 3 also.&lt;br&gt;3. Digestive problems: jaundice, diarrhea, vomiting&lt;br&gt;Not often used.</td>
</tr>
<tr>
<td>Du 26</td>
<td>Ghost (SSM)&lt;br&gt;Six command points.&lt;br&gt;2 added to the traditional 4: P6 and Du 26.&lt;br&gt;P6 = Command of (upper) stomach, heart or chest problems.&lt;br&gt;Du 26 = For resuscitation</td>
</tr>
<tr>
<td>Du 27</td>
<td>Mtg Du + Ren, ST&lt;br&gt;Above indications, plus&lt;br&gt;1. Neck pain&lt;br&gt;2. Hemorrhoids&lt;br&gt;Patient might have a little blister or polyp on the upper frenulum when they have hemorrhoid. Can prick to bleed with a 3 edged needle here. Weird, but works!</td>
</tr>
<tr>
<td>Du 28</td>
<td>Mtg Du + Ren, ST&lt;br&gt;For final: &lt;br&gt;No questions for Extra Points. Those are for local or you get the gist from the name. And that’s why Dr. Shen is covering it in <em>his</em> final.</td>
</tr>
</tbody>
</table>

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What is on it?

- Energetics I – III. More questions on Energetics I and III, less on II. However, for the categories, you gotta know them all! Xi’s, Yuans, WOS’s, etc from all terms.
- 8 extraordinary channels – indications (see CAM), sx, points on these channels. There’s a form pg 139 in that spiral bound student acupuncture manual – light blue with a pine tree on it.
- Headaches – which one for temporal, occip, vertex, etc.
- 4 needle tech and 5 element theory

Sue’s pulled groin
Needle ankle points – liver and spleen on the opposite side then do easy movement on other side.