Patents for gynecology disorders

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General Introduction

• Blood as the base

• Involved Zang-Organs

• Menses----Dai----Pregnancy ( Fetus)---Delivery
Patents for Gynecology Disorders

Blood/Qi Deficiency
Si Wu Tang Wan

“Four Ingredients Pill”

**Ingredients**
Gang gui; Chuan Xiong; Bai shao; Shu Di.

**Functions**
*Tonify blood, regulate Chong & Ren Channels; regulate menstruation.*

**Brands**
Lanzhou Foci Pharmaceutical Factory(Gansu)

**Precautions**
- Contraindicated during the early phase of acute illness(cold & flu); care should be taken in those with tendency to gas, bloating, loose stool, or general digestive weakness.
Clinical Applications

The fundamental formula for tonifying blood and regulating menstruation, and the basic unit from which all blood tonic formulae are built. Especially good for menstrual disorders.

Irregular menstruation, scanty periods, amenorrhoea, weakness during pregnancy, postpartum weakness and dizziness, mild dysmenorrhoea, infertility and insufficient lactation.

Anaemia, visual weakness, dryness of the skin and eyes, chronic itchy dry skin diseases such as eczema, dermatitis and psoriasis); and chronic sores or ulcers that are slow to heal(bedsores and tropical ulcers)

Brand; Packaging & Dosage

Bottles of 200 pills
8-12 pills Tid/day on an empty stomach.
Dang Gui Su/ Angelica Dang Gui Pills

**Ingredients**

Angelica sinensis root. - Dang gui.

**Functions**

Nourish blood, Regulate menstruation, Promote Circulation of Qi & Blood

**Clinical Applications**

1. Menstrual disorders associated with Blood def.
2. Postpartum abdominal pain, dizziness and insufficient lactation
3. Dizziness, insomnia, poor memory, anxiety and tremors due to Blood Def.(HT & LIVER)

**Brand; Packaging & Dosage**

Plum Flower Brand; 8 pills, 3 x day
(Nu Ke) Ba Zhen Wan

“(Women’s Eight Precious Pills”

**Ingredients**

Si Wu Tang + Si Jun Zi tang

**Functions**

Tonify Qi and Blood; regulate menstruation and the Chong & Ren channels

The main formula for Qi and blood deficiency

Energy tonics and stimulant, promote metabolism; nourishes blood and regulates menstruation.

**Brands**

Lanzhou Foci Pharmaceutical Factory(Gansu)
Clinical Applications

1. To treat wide variety of gynecology disorders associated with Qi & Blood Def., including scanty menstrual periods or amenorrhea, infertility, habitual miscarriage; mild abnormal uterine bleeding, long menstrual cycle or irregular menstruation. Postpartum weakness or insufficient lactation and weakness during pregnancy. Dull dysmenorrhoea that responds to warmth and pressure.

2. Non-gynecology disorders related to Qi and Blood def. Like general fatigue and exhaustion, anemia; postural dizziness; visual weakness, floaters before the eyes, general weakness post surgery or post hemorrhage weakness, restless leg syndrome
Chronic muscle spasm, neck and shoulder pain that is easily aggravated by physical working. Dull headache worse when fatigued.

3. Chronic ulcers that are slow to heal, such as bedsores, tropical ulcers.

Precautions

Not in the early phase of Common Cold/ Flu.

Brand; Packaging & Dosage

8-12 pills Tid; on an empty stomach.
Gui Pi (tang) Wan

“Good for the Spleen Pill ”

Ingredients
Dang shen; Bai zhu; Gan cao Fu shen;
Suan zao ren; Yuan zhi.
Dang gui; Long yan rou; Mu xiang; Huang Qi

Functions
SP Qi Xu with HT Xue Xu
Tonify Qi, secondarily nourish Xue
Calm Shen
Insomnia: cannot fall asleep b/c mind cannot stop
Qui Pi Tang replenishes qi to invigorate the spleen and
nourish the heart to calm the mind.
Clinical Applications

1. **Heart “Shen”** disorders due to Qi and Blood deficiency: Sx: insomnia, restless sleep, poor memory, vivid dreams, palpitation, anxiety

2. Gynecological disorders due to Qi and Blood deficiency: metrorrhagia and metrostaxis, dysfunctional uterus bleeding; leaking


**Precautions**
Raw and cold foods were prohibited during treatment.
Not in the early phase of Common Cold/ Flu.

**Brand; Packaging & Dosage**
Plum flower Minshan: 200 pills, 8 pills TID
Herbal times: 100 pills, 4 pills TID
Fu Ke Zhong Zi Wan
“gynecological ova-seed pills”

Ingredients

Shu di huang; chuan xiong; dang gui; bai shao. E jiao; ai ye.

du zhong; xu duan; xiang fu; huang qin;

Functions

• Nourishes and invigorates blood
• Warms KI yang, warms the uterus
• Soothes and cools the LIV
Clinical Applications
1. Female infertility caused by blood deficiency with deficiency of KI yang
2. also applicable to threatened miscarriage, amenorrhea, scanty or spotty menses, post menstrual blood deficiency, dry hair and skin, poor memory, weak lower back, cold lower limbs and sore knees.
3. also useful as a general tonic.

Precautions
During pregnancy

Packaging & Dosage
Bottles of 200 pills, 8-12 pills TID

Brand
Minshan; lanchow Chinese herb works
**Wu Ji Bai Feng Wan**

“black chicken, white phoenix pills”

**Ingredients**

- Wu ji *Black chicken*
- Ren shen *Ginseng*
- Huang Qi *Astragalus*
- Dang gui *Angelica*
- Bai shao *W peony*
- Sheng di *Rehmannia*
- Shu di *Rehmannia*
- Xiang fu *Cyperus*
- Shan yao *Ch yam*
- Lu jiao jiao *Antelope horn glue*
- Feng mi *honey*

Some Rx have an additional 10 herbs:
- Dan shen
- Qian shi
- Sang piao xiao
- Gan cao
- Mu li
- Bie jia
- Yin chai hu
- Chuan xiong
- Tian men dong
- Lu jiao shuang

**Functions**

- Strengthen Qi & Xue
- Regulate menses, Stop leucorrhea
- Strengthen KI Essence & LIV Blood
- Warms uterus

*Very nourishing Rx*
**Clinical Applications**
1. Chronic blood deficiency affecting the menses, including amenorrhea, light or scanty periods, irregular menses due to deficiency, and protracted spotting; infertility.
2. Postpartum fatigue, and following illness or injury.
3. Other blood deficiency symptoms, including dizziness, poor memory, dry hair, hair loss, dry skin, cracked skin or fingernails, and stiff tendons.
Modern: Blood disorders---anaemia; purpura; White Cell/Blood plate less.

**Precautions**
Not in the early phase of Common Cold/ Flu.

**Packaging & Dosage**
Boxes of 10 wax “eggs”, each containing small uncoated pills.
Crack off the wax, and take one half contents of one egg, BID
Swallow with water, or crush and dissolve in water. Can also be chewed.

**Brand**
Plum flower; Tientsin drug manufactory
Patents for Gynecology Disorders

Qi Yu—Blood Yu or Xu
Xiao Yao Wan “free and easy wanderer teapills”

**Ingredients**

Chai hu; bai shao; dang gui; bai zhu; fu ling; gan cao; sheng jiang; bo he

**Functions**

- Soothes LIV, dispels LIV stasis,
- Harmonize LIV and SP
- Moves qi, invigorate blood
- Tonifies SP, tonifies blood
- Regulate menses
Clinical Applications

1. Gynecology disorders:
   Irregular menses; PMS, Dysmenorrhea, menopause

2. Digestive Disorders:
   LIV-SP disharmony: poor digestion, costal pain, poor appetite,
   loose stool, constipation. Chronic hepatitis; gastritis, or ST ulcer

3. Others: Stress, depression. anaemia, neurasthenia; tension
   headache, migraine

Brands; Packaging & Dosage
Minshan; Plum Flower; Tanglong, Lanchow Foci: Bottles of 200 pills, 8-12 pills, BID-TID
Herbal times: bottles of 100 pills, 4-6 pills TID
Bio essence: bottles of 200 pills, 6-8-11 pills BID-TID
Jia wei xiao yao san
“free and relaxed plus pills”

**Ingredients** (classic formula)

Zhi zi; mu dan pi;
Chai hu; Bai shao; dang gui; bai zhu; fu ling; zhi gan cao; bo he

**Functions**

- Clears heat
- Soothes LIV, dispels LIV stasis,
- harmonize LIV and SP
- Moves qi, invigorate blood
- Tonifies SP, tonifies blood
- Regulate menses
Clinical Applications
1. PMS, irregular menstruation. With symptoms: irritability, anxiety, depression, headache, breast tenderness, water retention.
2. Dysmenorrheal (combined with other invigorate qi and blood herbs).
3. LIV-SP disharmony: poor digestion, costal pain, poor appetite, loose stool, constipation…
4. also useful for Chronic hepatitis, menopause, alternative chills and fever of malaria

Precautions
Not too high dosage for PMS

Brands; Packaging & Dosage
Plum Flower; Tanglong: Bottles of 200 or 1000 pills, 8-12 pills, TID
Herbal times: bottles of 100 pills, 4-6 pills TID
Bio essence: bottles of 200 pills, 6-8-11 pills BID-TID
Fu fang yi mu cao wan
“medicinal compound leonurus pills”

Ingredients
Yi mu cao; dang gui; chuan xiong; mu xiang

Functions
• Invigorate blood, breaks blood stasis
• tonifies blood
• Regulate menses
• Relieve pain

Clinical Applications
menstrual disorders due to blood stasis with blood deficiency including irregular menses, dysmenorrhea, amenorrhea, postpartum pain, postpartum bleeding due to stagnation, retention of lochia, fibriod tumors, scanty menses, infertility…

Precautions
Prohibited during pregnancy

Brand; Packaging & Dosage
Kwangchow pharmaceutical industry Co.
Bottles of 30 capsules, 2-3 capsules TID
**Tong Jing Wan** / “free the menses pills”

**Ingredients**

**Plum flower:** chuan xiong; dang gui; bai shao; tao ren; hong hua; pu huang; tian qi; dan shen; wu yao; yan hu suo; xiang fu.

**Bio essence:** Yi mu cao; chuan xiong; bai shao; dang gui; shu di huang; hong hua; xiang fu; yan hu suo; chong wei zi; qing pi; mu xiang; pao jiang; rou gui

**Hong xing:** e zhu; san leng; chi shao; dang gui; chuan xiong; hong hua; dan shen;

**Functions**

- Invigorates blood, breaks blood stasis
- Regulates menses
- Relieves pain
Clinical Applications

**Blood stasis / Qi stagnation** causing dysmenorrhea, amenorrhea, irregular menses, infertility…

Precautions

Prohibited during pregnancy

Brands; Packaging & Dosage

**Plum flower:** Bottles of 200 pills, 8-12 pills TID

Bio essence: Bottles of 200 pills, 6-8-11 pills BID-TID
Shao fu zhu yu tang
“lower abdomen drive out stasis decoction”

Ingredients

Dang gui; chi shao; chuan xiong;
pu huang; wu ling zhi; yan hu suo; mo yao;
gui zhi; chao xiao hui xiang; gan jiang;
sugar

Functions

• Invigorates blood, breaks blood stasis
• Dissipates masses
• Warms the uterus
• Relieves pain
**Clinical Applications**

1. blood stagnation due to accumulation of cold causing menstrual cramps, postpartum cramping, uterus fibroids or ovarian cysts.

2. Uterine blood stagnation causing amenorrhea, irregular menses or infertility.

**Precautions**

Prohibited during pregnancy

**Brand; Packaging & Dosage**

Plum flower: Bottles of 200 pills, 8-12 pills TID
**Wen Jing Tang Wan**
“warm menses decoction pills”

**Ingredients** (classic formula)

Dang gui; (jiu chao) bai shao; chuan xiong; E Jiao. Wu zhu yu; gui zhi.
ren shen; mai men dong; mu dan pi;
gan cao; ban xia; sheng jiang

**Functions**

- Warms uterus, dispels cold
- Tonifies qi, nourish blood, nourish yin, benefits yang
- invigorate blood
Clinical Applications
1. Deficiency cold /blood stasis in the uterus, causing infertility, amenorrhea, scanty and prolonged menstrual bleeding.
2. Dysmenorrhea due to deficiency.
3. Irregular menstruation accompanied with fatigue, dry skin, afternoon-heat, or dry lips and mouth.

Precautions
During pregnancy
Avoid angry, and avoid raw & cold foods.

Brands; Packaging & Dosage
Plum flower: Bottles of 200 pills, 8-12 pills TID
Patents for Gynecology Disorders

Others

Mass    Menopause
Gui zhi fu ling wan
“cinnamon twig, poria pills”

**Ingredients** (Classic formula)

Chi shao; tao ren; mu dan pi; fu ling; gui zhi

**Functions**

- Invigorates blood, breaks blood stasis
- Warms the uterus
- Dissipates masses
Clinical Applications

1. Blood stasis causing uterine masses, cramps, endometriosis, irregular periods, ovarian cysts, or
2. Amenorrhea, or difficulty delivery; retention of lochia.
3. Prostate swelling.

Brands; Packaging & Dosage
Plum Flower: Bottles of 200 or 1000 pills, 8-12 pills, TID
Herbal times: bottles of 100 pills, 5-8 pills TID
Bio essence: bottles of 200 pills, 6-8-11 pills BID-TID
Er xian wan “Two Immortals Teapills”

Ingredients
Xian mao, Xian ling pi (Yin yang huo), Ba ji tian, Huang bai, Zhi mu, Dang gui.

Functions
Warms KI yang, tonify Jing & blood; Drain damp-heat

Clinical Applications
Menopausal disorders due to KI Yang and Essence def.

Precautions
Contraindicated during pregnancy

Brand; Packaging & Dosage
Plum flower brand; Bottles of 200 pills, 8-12 TID
Patents for Vaginal Discharge/Infection disorders
Yu dai wan “heal vaginal discharge pill”

Ingredients
Dang gui; bai shao; shu di huang; chuan xiong;
Chun gen pi; huang bai; zhi mu; mu xiang; xiang fu;
Pu huang; Zhong lu tan; Ai tan;
Guan gui; gao liang jiang; gan cao.

Functions
- Clears heat; resolves toxins, eliminate damp
- Relieves vaginal discharge, relieves itching
- Nourish yin and blood,
- Stops bleeding
**Clinical Applications**

1. Vaginal discharge due to heat toxins. Symptoms include a creamy or thick yellow discharge, and may be accompanied by itching, burning sensation, or blood in the urine.
2. Chronic vaginitis, cervicitis, salpingitis (inflammation of the fallopian tube), or ophoritis (inflammation of the ovary) with symptoms of vaginal irritation, localized pain and pain during intercourse.
3. Metrostasis (irregular bleeding), Functional uterus bleeding
4. Irregular menstruation: delayed period, less bleeding, abdominal cramping.

**Precautions**

Contraindicated for conditions due to Damp Cold

**Brand; Packaging & Dosage**

Minshan; Lanzhou Foci, Tanglong: Bottles of 100 or 200 pills, 8-12 pills TID

Bio essence: Bottles of 200 pills, 8-12 pills BID - TID
Qian Jin Zhi Dai Wan
“thousand (pieces of) gold, stop vaginal discharge pill”

Ingredients
Qing dai; dang shen; duan mu li; yan hu suo; xu duan; mu xiang; dang gui; bai zhu; xiao hui xiang; other

Functions
• Clears heat; resolves toxins, eliminate damp
• Relieves vaginal discharge, relieves itching
• Tonifies SP qi

Clinical Applications
1. vaginal discharge due to deficiency of SP qi with accumulation of heat toxins. Symptoms include a watery or creamy vaginal discharge, with or without itching.

Brand; Packaging & Dosage
Plum flower; Tianjing: Bottles of 120 pills, 10 pills 1-3x/day
Yin-care

Jie er yin xi ye = “Clean Your Yin Wash Liquid”

Ingredients
She Chuang Zi; Bo He; Jin Yin Hua; Zhi Zi; Huang Bai; Huang Qin; Ku Shen; Di Fu Zi; Yin Chen Hao; Du Huo; Cang Zhu; Shi Chang Pu; Ai Ye; Tu Jing Pi

Functions
• Dry and transform dampness
• clear heat and toxin, purge fire, cool blood
• disperse wind and stop itching, reduce swelling
• detoxify skin lesions
• promote circulation
Clinical Applications
Use at varying concentrations both topically and intravaginally for dampness, damp-heat, toxic-heat and wind gynecological patterns with or without discharge including leucorrhea, vaginitis, cervicitis, gonorrhea, vulvovaginitis, S.T.D.’s, as well as general inflammations, infections and itching. Also used for various damp-heat, wind-damp and heat dermatological patterns such as psoriasis and eczema, shingles, rashes, cold sores, fungal foot afflictions, styes and acne. In small concentrations and applied as a compress to facilitate the healing of burns.

Precautions
NOT for internal use. In rare instances, skin sensitive patients may react to this product in concentrations above 5%. Intravaginal application for inflammatory symptoms should begin at a lower concentration 5% and increased to 15-20% with repeated use.

Packaging & Dosage  Bottle of 120ml (4 fl. oz.)
Topical: Mix (5-100%) herbal concentrate with various amounts of water into a solution, apply directly to skin as a wash, compress or sitz bath 2-3x day.
Vaginally: utilize washing receptacle (douche) and mix 5-20% concentrate with water, rinse 2-3x day, 5-6 days a course of treatment. For more serious vaginal conditions, soak tampon with 50% concentration mixture and insert for 3-5 hours 1-2x day, 6 days as course of treatment.